

OVERVIEW



1. Headphone / microphone combo jack (3.5mm)	3. Power button
2. USB-A (USB 5Gbps), Always On	4. 2x Thunderbolt 4

PERFORMANCE

Processor

Processor Family

12th Generation Intel® Core™ i5 / i7 Processor

Processor**

Processor Name	Cores	Threads	Base Frequency	Max Frequency	Cache	Processor Graphics
Core™ i5-12500H	12 (4 P-core + 8 E-core)	16	P-core 2.5GHz / E-core 1.8GHz	P-core 4.5GHz / E-core 3.3GHz	18MB	Intel® Iris® Xe Graphics
Core™ i7-12700H	14 (6 P-core + 8 E-core)	20	P-core 2.5GHz / E-core 1.8GHz	P-core 4.7GHz / E-core 3.5GHz	24MB	Intel® Iris® Xe Graphics

Operating System

Operating System**

- Windows® 11 Pro
- Windows® 11 Home
- Windows® 11 Home Single Language
- No preload operating system

Graphics

Graphics**

Graphics	Type	Memory	Key Features
Intel® Iris® Xe Graphics	Integrated	Shared	DirectX® 12.1
NVIDIA® GeForce MX550	Discrete	2GB GDDR6	DirectX® 12
NVIDIA® GeForce RTX™ 2050 Laptop GPU	Discrete	4GB GDDR6	DirectX® 12

Monitor Support

Monitor Support

Supports up to 3 independent displays (native display and 2 external monitors via Thunderbolt™)

- Thunderbolt™ supports up to 5120x3200@60Hz

Chipset

Chipset

Intel® SoC (System on Chip) platform

Memory

Max Memory

16GB soldered memory, not upgradable

Memory Slots

Memory soldered to systemboard, no slots, dual-channel

Memory Type

LPDDR5-4800

Storage

Storage Support^[1]

One drive, up to 512GB M.2 2242 SSD or 1TB M.2 2280 SSD

Storage Slot

One M.2 2280 PCIe® 4.0 x4 slot

Storage Type**

Disk Type	Interface	Offering
M.2 2280 SSD	PCIe® NVMe®, PCIe® 4.0 x4	512GB / 1TB

M.2 2242 SSD	PCIe® NVMe®, PCIe® 4.0 x4	512GB
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Notes:
 [1] The storage capacity supported is based on the test results with current Lenovo® storage offerings.

Removable Storage

Card Reader

No card reader

Multi-Media

Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers

Stereo speakers, 2W x2, optimized with Dolby Atmos®

Microphone

Dual-microphone array

Camera

FHD 1080p + IR, fixed focus, with ToF sensor

Sensor

Sensors

- Ambient light sensor (ALS)
- ToF sensor

Battery

Battery

Integrated Li-Polymer 61Wh battery, supports Rapid Charge Express (get 3 hours of runtime with a 15-minute charge)^[1]

Max Battery Life^[2]

- 2.2K IPS models:
 MobileMark® 2018@200nits: 9.3 hr
 Local video (1080p) playback@150nits: 12.2 hr
- 2.8K IPS models:
 MobileMark® 2018@200nits: 9.3 hr
 Local video (1080p) playback@150nits: 13.2 hr
- 2.8K OLED models:
 MobileMark® 2018@200nits: 6.8 hr
 Local video (1080p) playback@150nits: 8.7 hr

Notes:
 [1] Rapid Charge Express is only effective in hibernates or fully shutting down the computer.
 [2] All battery life claims are approximate maximum and based on results using the MobileMark® 2014, MobileMark® 2018, MobileMark® 25, JEITA 2.0, continuous 1080p video playback (with 150nits brightness and default volume level) or Google Power Load Test (PLT) battery-life benchmark tests. Actual battery life will vary depending on many factors such as product configuration and usage, software use, wireless functionality, power management settings, and screen brightness. The maximum capacity of the battery will decrease with time and use.

Power Adapter

Power Adapter

100W USB-C® slim (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz

DESIGN

Display

Display**

Size	Resolution	Touch	Type	Brightness	Surface	Aspect Ratio	Contrast Ratio	Color Gamut	Refresh Rate	Viewing Angle (L/R/U/D)	Key Features
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14"	2.2K (2240x1400)	None	IPS ^[1]	300nits	Anti-glare	16:10	1,500:1	100% sRGB	60Hz	85°/85°/85°/85°	Eyesafe [®] Certified
14"	2.2K (2240x1400)	None	IPS ^[2]	300nits	Anti-glare	16:10	1,500:1	100% sRGB	60Hz	85°/85°/85°/85°	Eyesafe [®] Certified, Dolby Vision [®]
14"	2.8K (2880x1800)	None	IPS ^[3]	400nits	Anti-glare	16:10	1,500:1	100% sRGB	90Hz (Max)	85°/85°/85°/85°	Eyesafe [®] Certified
14"	2.8K (2880x1800)	None	IPS ^[4]	400nits	Anti-glare	16:10	1,500:1	100% sRGB	90Hz (Max)	85°/85°/85°/85°	Eyesafe [®] Certified, Dolby Vision [®]
14"	2.8K (2880x1800)	None	OLED	400nits	Glossy	16:10	100,000:1	100% DCI-P3	90Hz (Max)	87.5°/87.5°/87.5°/87.5°	Eyesafe [®] Certified, Dolby Vision [®] , VESA DisplayHDR™ True Black 500, Panda King Glass
14"	2.8K (2880x1800)	None	OLED	400nits	Glossy	16:10	100,000:1	100% DCI-P3	90Hz (Max)	87.5°/87.5°/87.5°/87.5°	Eyesafe [®] Certified, VESA DisplayHDR™ True Black 500, Panda King Glass

Touchscreen

Non-touch

Notes:

[1], [2], [3], [4] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Input Device

Keyboard

6-row, multimedia Fn keys

Keyboard Backlight

LED backlight

Touchpad

Buttonless glass surface multi-touch touchpad, supports Precision TouchPad (PTP), 75 x 120 mm (2.95 x 4.72 inches)

Mechanical

Dimensions (WxDxH)^[1]

Models	Dimensions
IPS models	312.4 x 221.4 x 14.6 mm (12.29 x 8.72 x 0.57 inches)
OLED models	312.4 x 221.4 x 14.9 mm (12.29 x 8.72 x 0.59 inches)

Weight^[2]

Models	Weight
Models with IPS panel, Mylar [®] display cover, and integrated graphics	Starting at 1.32 kg (2.91 lbs)
Models with IPS panel, Mylar [®] display cover, and discrete graphics	Starting at 1.36 kg (2.99 lbs)
Models with OLED panel	Starting at 1.40 kg (3.09 lbs)

Case Color**

- Cloud grey

- Storm grey

Surface Treatment

Aluminium stamping (anodized with sandblasting)

Case Material

Aluminium (top), aluminium (bottom)

Notes:

[1] The system dimensions may vary depending on configurations.

[2] The system weight is approximate and based on results in Lenovo® lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

CONNECTIVITY

Network

Ethernet

No onboard Ethernet

WLAN + Bluetooth®[1]**

- Wi-Fi® 6, 802.11ax 2x2 Wi-Fi® + Bluetooth® 5.1, M.2 card^[2]
- Wi-Fi® 6E, 802.11ax 2x2 Wi-Fi® + Bluetooth® 5.1, M.2 card^[3]

Notes:

[1] Bluetooth® may operate at a lower version than hardware design depending on the factors such as operating system, driver, etc.

[2] Wi-Fi® 6 full features might be limited by country-level restrictions.

[3] Wi-Fi® 6E full features might be limited by country-level restrictions.

6GHz Wi-Fi® 6E operation is dependent on the support of the operating system, routers/APs/Gateways that support Wi-Fi® 6E, and the regional regulatory certifications & spectrum allocation.

Ports^[1]

Standard Ports

- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 2x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.0 and DisplayPort™ 1.4a
- 1x Headphone / microphone combo jack (3.5mm)

Notes:

[1] The transfer speed of the ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.

Docking

Docking

Various docking solutions are supported via Thunderbolt™.

For more compatible docking solutions, please visit [Docking for Yoga® Slim 7 Pro 14IAH7](#)

SECURITY & PRIVACY

Security

Security Chip

Firmware TPM 2.0 integrated in SoC

Fingerprint Reader

No fingerprint reader

BIOS Security

- Administrator password
- User password

- Master hard disk password
- User hard disk password
- Self-healing BIOS

Other Security

IR camera for Windows® Hello (facial recognition)

SERVICE

Warranty

Base Warranty**

- 1-year courier or carry-in service
- 1-year courier or carry-in with 2-year system board service (Korea only)
- 2-year (1-yr battery) courier or carry-in service

ACCESSORIES

Bundled Accessories

Bundled Accessories^[1]

None

Notes:

[1] For more compatible accessory solutions, please visit [Accessories for Yoga® Slim 7 Pro 14IAH7](#).

OPERATING REQUIREMENTS

Operating Environment

Temperature^[1]

- At altitudes up to 2438 m (8,000 ft)
 - Operating: 5°C to 35°C (41°F to 95°F)
 - Storage: 5°C to 43°C (41°F to 109°F)
- At altitudes above 2438 m (8,000 ft)
 - Maximum temperature when operating under the unpressurized condition: 31.3°C (88°F)

Relative Humidity

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)
- Storage and transportation: 5% to 95% at wet-bulb temperature 27°C (81°F)

Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

Notes:

[1] When you charge the battery, its temperature must be no lower than 10°C (50°F).

CERTIFICATIONS

Green Certifications^[1]

Green Certifications^[2]

- ENERGY STAR® 8.0
- EPEAT™ Silver Registered^[3]
- ErP Lot 3
- RoHS compliant

Notes:

[1] The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration. For ESG & regulatory compliance documents, please visit <https://compliance.lenovo.com>.

[2] EPEAT™ registration and ENERGY STAR® certification are dependent on system OS. Please visit epeat.net and energystar.gov for more information.

[3] EPEAT™ is registered where applicable, please visit epeat.net for registration status by country.

Other Certifications

Other Certifications

- (Optional) Intel® Evo™ Platform
- Eyesafe® Certified
- TÜV Rheinland® Low Blue Light (Hardware Solution)

- Feature with ** means that only one offering listed under the feature is configured on selected models.
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