OVERVIEW



1. Power connector	5. Headphone / microphone combo jack (3.5mm)
2. USB 3.2 Gen 1	6. Ethernet (RJ-45)
3. HDMI	7. USB 2.0
4. USB-C 3.2 Gen 1	8. Kensington Nano Security Slot

PERFORMANCE

Processor

Processor Family

AMD Ryzen™ 3 / 5 / 7 Processor

Processor**

Processor Name	Cores	Threads	Base Frequency	Max Frequency	Cache	Processor Graphics
AMD Ryzen™ 3 7330U	4	8	2.3GHz	4.3GHz	2MB L2 / 8MB L3	AMD Radeon™ Graphics
AMD Ryzen™ 5 5500U	6	12	2.1GHz	4.0GHz	3MB L2 / 8MB L3	AMD Radeon™ Graphics
AMD Ryzen™ 5 5625U	6	12	2.3GHz	4.3GHz	3MB L2 / 16MB L3	AMD Radeon™ Graphics
AMD Ryzen™ 5 7430U	6	12	2.3GHz	4.3GHz	3MB L2 / 16MB L3	AMD Radeon™ Graphics
AMD Ryzen™ 5 7530U	6	12	2.0GHz	4.5GHz	3MB L2 / 16MB L3	AMD Radeon™ Graphics
AMD Ryzen™ 7 5825U	8	16	2.0GHz	4.5GHz	4MB L2 / 16MB L3	AMD Radeon™ Graphics
AMD Ryzen™ 7 7730U	8	16	2.0GHz	4.5GHz	4MB L2 / 16MB L3	AMD Radeon™ Graphics

Operating System

Operating System**

- Windows® 11 Pro
- Windows® 11 Home
- Windows® 11 Home Single Language
- No preload operating system

Graphics

Graphics

Graphics	Type	Memory	Key Features
AMD Radeon™ Graphics	Integrated	Shared	DirectX® 12

Monitor Support

Monitor Support

Supports up to 3 independent displays (native display and 2 external monitors via HDMI® and USB-C®)
• HDMI® supports up to 4096x2160@30Hz
• USB-C® supports up to 4096x2160@60Hz

Chipset

Chipset

AMD SoC (System on Chip) platform

Memory

Max Memory[1]

- Up to 16GB (8GB soldered + 8GB SODIMM) DDR4-3200 offering
- Up to 16GB (16GB SODIMM) DDR4-3200 offering

Memory Slots**

- One DDR4 SODIMM slot
- One memory soldered to systemboard, one DDR4 SODIMM slot, dual-channel capable

Memory Type

DDR4-3200

Notes:

[1] The max memory is based on the test results with current Lenovo® memory offerings.

Storage

Max Storage Support**[1]

- Models with 38Wh battery: up to two drives, 1x 2.5" HDD + 1x M.2 SSD

  - 2.5″ HDD up to 1TB
  - M.2 2242 SSD up to 1TB
- Models with 45Wh battery: one drive, 1x M.2 SSD
  - M.2 2242 SSD up to 1TB

Storage Slot[2]

- Models with 38Wh battery: one 2.5″ drive slot + one M.2 slot
  - One 2.5″ SATA HDD slot
  - One M.2 2280 PCIe® 3.0 x4 slot
- Models with 45Wh battery: one M.2 slot
  - One M.2 2280 PCIe® 3.0 x4 slot

Storage Type***

Disk Type	Interface	RPM	Offering
2.5″ SATA HDD	SATA 6Gb/s	5.4K	1TB
M.2 2242 SSD	PCIe® NVMe®, PCIe® 3.0 x4	-	128GB
M.2 2242 SSD	PCIe® NVMe®, PCIe® 4.0 x4[3]	-	256GB / 512GB / 1TB

Notes:

[1] The storage capacity supported is based on the test results with current Lenovo® storage offerings.
[2] The actual data transfer rate of the following PCIe® interface also depends on the capabilities of the connected PCIe® device. The listed values represent theoretical maximums.
PCIe® 3.0 (x2 / x4): 2 GB/s (16 Gbps) / 4 GB/s (32 Gbps);
PCIe® 4.0 (x2 / x4): 4 GB/s (32 Gbps) / 8 GB/s (64 Gbps);
PCIe® 5.0 (x2 / x4): 8 GB/s (64 Gbps) / 16 GB/s (128 Gbps).
[3] The SSD with PCIe® 4.0x4 is downgraded to closer to PCIe® 3.0 x4 due to AMD platform limitations.

Removable Storage

Card Reader

No card reader

Multi-Media

Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers

Stereo speakers, 1.5W x2, Dolby Audio™

Microphone

Dual-microphone array

Camera

HD 720p, with privacy shutter, fixed focus

Battery

Battery**

- 38Wh Rechargeable Li-ion Battery, supports Rapid Charge (charge up to 80% in 1hr)
- 45Wh Rechargeable Li-ion Battery, supports Rapid Charge (charge up to 80% in 1hr)

Max Battery Life[1]

- Models with 38Wh battery:
  MobileMark® 2018: 7.4 hr
  Local video (1080p) playback@150nits: 12.5 hr
- Models with 45Wh battery:
  MobileMark® 2018: 9.5 hr
  Local video (1080p) playback@150nits: 14.8 hr

Notes:

[1] All battery life claims are approximate maximum and based on results using the MobileMark® 2014, MobileMark® 2018, MobileMark® 25, MobileMark® 30, JEITA 2.0, JEITA 3.0, continuous 1080p video playback (with 150nits brightness and default volume level) or Google Power Load Test (PLT) battery-life benchmark tests. Actual battery life will vary depending on many factors such as product configuration and usage, software use, wireless functionality, power

management settings, and screen brightness. The maximum capacity of the battery will decrease with time and use.

Power Adapter

Power Adapter[**][1]

- 65W round tip (3-pin) AC adapter, 100-240V, 50-60Hz
- 65W USB-C® (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz[2]
- 65W USB-C® slim (2-pin, wall-mount) AC adapter, supports PD 3.0, 100-240V, 50-60Hz[3]
- No power adapter

Notes:

[1] AC adapter offerings depend on the country.
[2], [3] Only MT 83FG configured with 65W USB-C® AC adapter is certified TCO and EPEAT.

DESIGN

Display

Display[**]

Size	Resolution	Touch	Type	Brightness	Surface	Aspect Ratio	Contrast Ratio	Color Gamut	Refresh Rate	Viewing Angle (L/R/U/D)	Key Features
14″	FHD (1920x1080)	Non-touch	TN	250nits	Anti-glare	16:9	500:1	45% NTSC	60Hz	45° / 45° / 15° / 35°	TÜV Rheinland® Low Blue Light (Software)
14″	FHD (1920x1080)	Non-touch	IPS[1]	300nits	Anti-glare	16:9	800:1	45% NTSC	60Hz	85° / 85° / 85° / 85°	TÜV Rheinland® Low Blue Light (Software)

Touchscreen

Non-touch

Screen-to-Body Ratio

87%

Notes:

[1] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Input Device

Pen

No support

Keyboard

6-row, spill-resistant, multimedia Fn keys, key travel 1.3mm, SMB Service Hot key

Keyboard Backlight

Non-backlight

Touchpad

Buttonless Mylar® surface multi-touch touchpad, supports Precision TouchPad (PTP), 62 x 104 mm (2.44 x 4.09 inches)

Mechanical

Dimensions (WxDxH)[1]

324.2 x 215.2 x 19.9 mm (12.76 x 8.47 x 0.78 inches)

Weight[2]

Starting at 1.43 kg (3.15 lbs)

Case Color[**]

- Business black
- Iron grey

Case Material

PC-ABS (top), PC-ABS (bottom)

Surface Treatment**

- IMR (in-mold decoration by roller)
- Texture

Notes:

[1] The system dimensions may vary depending on configurations.
[2] The system weight is approximate and based on results in Lenovo® lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

CONNECTIVITY

Network

WLAN + Bluetooth®[1]**

- Wi-Fi® 5, 802.11ac 2x2 Wi-Fi® + Bluetooth® 5.1, M.2 card
- Wi-Fi® 6, 802.11ax 2x2 Wi-Fi® + Bluetooth® 5.2, M.2 card

WWAN

No support

Ethernet

Gigabit Ethernet, 1x RJ-45

Notes:

[1] Wi-Fi® operation (including Wi-Fi® 6, Wi-Fi® 6E, Wi-Fi® 7, etc.) is subject to the regulatory requirements of each country. Bluetooth® may operate at a lower version than hardware design depending on the factors such as operating system, driver, etc.

Ports

Standard Ports

- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-C® (USB 5Gbps / USB 3.2 Gen 1), with USB PD 45-65W and DisplayPort™ 1.2
- 1x USB 2.0
- 1x HDMI® 1.4b
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)
- 1x Round tip power connector

Docking

Docking

Various docking solutions supported via USB-C®.
For more compatible docking solutions, please visit Docking for Lenovo® V14 G4 ABP

SECURITY & PRIVACY

Security

Security Chip

Firmware TPM 2.0 integrated in SoC

Physical Locks

Kensington Nano Security Slot™, 2.5 x 6 mm

Fingerprint Reader

No fingerprint reader

BIOS Security

- Hard disk password
- Power-on password

- Supervisor password

Other Security

Camera privacy shutter

SERVICE

Warranty

Base Warranty**

- 1-year courier or carry-in service
- 2-year (1-yr battery) courier or carry-in service
- No base warranty

ACCESSORIES

Bundled Accessories

Bundled Accessories[1]

None

Notes:

[1] For more compatible accessory solutions, please visit Accessories for Lenovo® V14 G4 ABP.

OPERATING REQUIREMENTS

Operating Environment

Temperature[1]

- At altitudes up to 2438 m (8,000 ft)
  - Operating: 5°C to 35°C (41°F to 95°F)
  - Storage: 5°C to 43°C (41°F to 109°F)
- At altitudes above 2438 m (8,000 ft)
  - Maximum temperature when operating under the unpressurized condition: 31.3°C (88°F)

Relative Humidity

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)
- Storage: 5% to 95% at wet-bulb temperature 27°C (81°F)

Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

Notes:

[1] When you charge the battery, its temperature must be no lower than 10°C (50°F).

CERTIFICATIONS

Green Certifications[1]

Green Certifications[2][3]

- (Optional) TCO Certified 9.0
- ENERGY STAR® 9.0
- EPEAT Silver Registered[4]
- ErP Lot 6/26
- RoHS compliant

Notes:

[1] The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration. For ESG & regulatory compliance documents, please visit https://compliance.lenovo.com.

[2] EPEAT registration and ENERGY STAR® certification are optional and only available on the models with preloaded OS. Please visit epeat.net and energystar.gov for more information.

[3] EPEAT and TCO Certified 9.0 are only available for MT 83FG.

[4] EPEAT is registered where applicable, please visit epeat.net for registration status by country.

Other Certifications

Mil-Spec Test

MIL-STD-810H military test passed

Other Certifications

TÜV Rheinland® Low Blue Light (Software Solution)

- Feature with ** means that only one option listed under the feature can be configured on selected models. Please refer to the model configuration for specific information.
- Feature with *** means that one or more options listed under the feature can be configured on selected models. Please refer to the model configuration for specific information.
- Lenovo reserves the right to change specifications or other product information without notice. Lenovo is not responsible for photographic or typographical errors. LENOVO PROVIDES THIS PUBLICATION "AS IS", WITHOUT WARRANTY OF ANY KIND, EITHER EXPRESS OR IMPLIED, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE. Some jurisdictions do not allow disclaimer of express or implied warranties in certain transactions, therefore this disclaimer may not apply to you.
- The specifications on this page may not be available in all regions, and may be changed or updated without notice.











