

OVERVIEW



1. Card reader	6. Thunderbolt 4
2. USB-C (USB 5Gbps), data transfer only	7. Combo audio jack
3. USB-A (USB 5Gbps)	8. HDMI
4. USB-A (USB 5Gbps), Always On	9. Power connector
5. USB-C (USB 10Gbps), with PD 140W & DP 1.4	

Notes:

- Port 5 and 6: PD 140W indicates the input power and requires the use of Lenovo unique adapter, otherwise it may support lower than 140W.

PERFORMANCE

Processor

Processor Family

14th Generation Intel® Core™ i7 / i9 Processor

Processor**

Processor Name	Cores	Threads	Base Frequency	Max Frequency	Cache	Processor Graphics
Core i7-14700HX	20 (8 P-core + 12 E-core)	28	P-core 2.1GHz / E-core 1.5GHz	P-core 5.5GHz / E-core 3.9GHz	33MB Intel® Smart Cache	Intel® UHD Graphics
Core i9-14900HX	24 (8 P-core + 16 E-core)	32	P-core 2.2GHz / E-core 1.6GHz	P-core 5.8GHz / E-core 4.1GHz	36MB Intel® Smart Cache	Intel® UHD Graphics

AI (Artificial Intelligence)

AI PC Category

AI-Powered Gaming PC^[1]

Notes:

[1] AI-Powered Gaming PCs feature Lenovo® AI Engine+ and NVIDIA® GeForce RTX™ GPUs to handle AI-driven tasks and deliver exceptional gaming performance.

Operating System

Operating System**

- Windows® 11 Pro
- Windows® 11 Home
- Windows® 11 Home Single Language
- No preload operating system

Graphics

Graphics**

Graphics	Type	Memory	Boost Clock	TGP	AI TOPS (Peak)	Key Features
NVIDIA® GeForce RTX™ 4060 Laptop GPU	Discrete	8GB GDDR6	2370 MHz	130W	233 TOPS	Advanced Optimus, DLSS 3.5, Dynamic Boost 2.0, VR ready, DirectX® 12 Ultimate
NVIDIA® GeForce RTX™ 4070 Laptop GPU	Discrete	8GB GDDR6	2175 MHz	130W	321 TOPS	Advanced Optimus, DLSS 3.5, Dynamic Boost 2.0, VR ready, DirectX® 12 Ultimate

Monitor Support

Monitor Support

Supports up to 4 independent displays (native display and 3 external monitors via HDMI® and Thunderbolt™)

- HDMI® supports up to 8K@60Hz
- USB-C® supports up to 8K@30Hz
- Thunderbolt™ supports up to 8K@30Hz on dynamic graphic mode

Chipset

Chipset

Intel® HM770 chipset

Memory

Max Memory^[1]

Up to 32GB DDR5-5600 offering

Memory Slots

Two DDR5 SODIMM slots, dual-channel capable

Memory Type

DDR5-5600

Notes:

[1] The max memory is based on the test results with current Lenovo® memory offerings.

Storage

Max Storage Support^[1]

Up to two drives, 2x M.2 SSD
• M.2 2280 SSD up to 1TB each

Storage Slot^[2]

Two M.2 2280 PCIe® 4.0 x4 slots

Storage Type

Disk Type	Interface	Offering
M.2 2280 SSD	PCIe® NVMe®, PCIe® 4.0 x4	512GB / 1TB

Notes:

[1] The storage capacity supported is based on the test results with current Lenovo® storage offerings.

[2] The actual data transfer rate of the following PCIe® interface also depends on the capabilities of the connected PCIe® device. The listed values represent theoretical maximums.

PCIe® 3.0 (x2 / x4): 2 GB/s (16 Gbps) / 4 GB/s (32 Gbps);

PCIe® 4.0 (x2 / x4): 4 GB/s (32 Gbps) / 8 GB/s (64 Gbps);

PCIe® 5.0 (x2 / x4): 8 GB/s (64 Gbps) / 16 GB/s (128 Gbps).

Removable Storage

Card Reader

SD card reader

Multi-Media

Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers

Stereo speakers, 2W x2, audio by HARMAN, optimized with Nahimic Audio

Microphone

Dual-microphone array

Camera

FHD 1080p, with E-shutter, fixed focus

Sensor

Sensors

Hall sensor

Battery

Battery

99.9Wh Rechargeable Li-ion Battery, supports Super Rapid Charge (10min charge 0-30% capacity, 30min charge 0-70% capacity, 80min charge 0-100% capacity)

Max Battery Life^[1]

MobileMark® 25: 5.7 hr

Local video (1080p) playback@150nits: 8.7 hr

Notes:

[1] All battery life claims are approximate maximum and based on results using the MobileMark® 2014, MobileMark® 2018, MobileMark® 25, MobileMark® 30, JEITA 2.0, JEITA 3.0, continuous 1080p video playback (with 150nits brightness and default volume level) or Google Power Load Test (PLT) battery-life benchmark tests. Actual battery life will vary depending on many factors such as product configuration and usage, software use, wireless functionality, power management settings, and screen brightness. The maximum capacity of the battery will decrease with time and use.

Power Adapter

Power Adapter

230W slim tip (3-pin) AC adapter, 100-240V, 50-60Hz

Special Features

Special Features

AI Chip: LA3

DESIGN

Display

Display**

Size	Resolution	Touch	Type	Brightness	Surface	Aspect Ratio	Contrast Ratio	Color Gamut	Refresh Rate	Viewing Angle (L/R/U/D)	Key Features
16"	WQXGA (2560x1600)	Non-touch	IPS	500nits	Anti-glare	16:10	1200:1	100% sRGB	240Hz	89° / 89° / 89° / 89°	DisplayHDR™ 400, Dolby Vision®, NVIDIA® G-SYNC®, Advanced Optimus support, TÜV Rheinland® Low Blue Light
16"	3.2K (3200x2000)	Non-touch	IPS	430nits	Anti-glare	16:10	1200:1	100% DCI-P3	165Hz	89° / 89° / 85° / 85°	Dolby Vision®, NVIDIA® G-SYNC®, Advanced Optimus support, TÜV Rheinland® Low Blue Light

Touchscreen

Non-touch

Screen-to-Body Ratio

93% AAR (active area ratio)

Color Calibration

X-Rite® factory color calibration

Input Device

Pen

No support

Keyboard**

- Eclipse black models: 6-row, multimedia Fn keys, numeric keypad, black keycaps, key travel 1.5mm, cap recess 0.3mm
- Glacier white models: 6-row, multimedia Fn keys, numeric keypad, white keycaps, key travel 1.5mm, cap recess 0.3mm

Keyboard Backlight**

- White backlight
- Per-key RGB backlight

Touchpad

Buttonless glass surface multi-touch touchpad, 75 x 120 mm (2.95 x 4.72 inches)

Mechanical

Dimensions (WxDxH)^[1]

357.7 x 262.5 x 17.6-19.8 mm (14.08 x 10.33 x 0.69-0.78 inches)

Weight^[2]

Starting at 2.24 kg (4.94 lbs)

Case Color**

- Eclipse black

- Glacier white

Case Material

Aluminium (top), aluminium (bottom)

Surface Treatment**

- Anodize electrophoresis deposition
- Anodizing

System Lighting

RGB lighting on power button

Notes:

[1] The system dimensions may vary depending on configurations.

[2] The system weight is approximate and based on results in Lenovo® lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

CONNECTIVITY

Network

WLAN + Bluetooth®[1]**

- Wi-Fi® 6E, 802.11ax 2x2 Wi-Fi® + Bluetooth® 5.3, M.2 card
- MediaTek Wi-Fi® 7 MT7925, 802.11be 2x2 Wi-Fi® + Bluetooth® 5.3, M.2 card

WWAN

No support

Ethernet

No onboard Ethernet

Notes:

[1] Wi-Fi® operation (including Wi-Fi® 6, Wi-Fi® 6E, Wi-Fi® 7, etc.) is subject to the regulatory requirements of each country. Bluetooth® may operate at a lower version than hardware design depending on the factors such as operating system, driver, etc.

Ports^[1]

Standard Ports

- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 1x USB-C® (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-C® (USB 10Gbps / USB 3.2 Gen 2), with Lenovo® PD 140W and DisplayPort™ 1.4^[2]
- 1x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with Lenovo® PD 140W and DisplayPort™ 1.4^[3]
- 1x HDMI® 2.1, up to 8K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Card reader
- 1x Slim tip Power connector

Notes:

[1] The transfer speed of the ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.

[2], [3] PD 140W is the input power and requires the use of Lenovo® unique adapter, otherwise it may support lower than 140W.

SECURITY & PRIVACY

Security

Security Chip

Firmware TPM 2.0 integrated in chipset

Fingerprint Reader

Touch style fingerprint reader integrated in power button

BIOS Security

- Administrator password
- Master hard disk password
- Power-on password
- User hard disk password
- User password
- Self-healing BIOS
- More BIOS security features, please visit [BIOS Simulator^{\[1\]}](#)

Other Security

E-shutter

Notes:

[1] The BIOS simulator is just for reference. Default settings and some options may vary depending on the hardware, operating system and BIOS version.

SERVICE

Warranty

Base Warranty**

- 1-year courier or carry-in service
- 1-year courier or carry-in with 2-year system board service (Korea only)
- 2-year (1-yr battery) courier or carry-in service
- 3-year (1-yr battery) courier or carry-in service

ACCESSORIES

Bundled Accessories

Bundled Accessories^[1]

- Lenovo® Legion™ Gaming Speed Mouse Pad M
- None

Notes:

[1] For more compatible accessory solutions, please visit [Accessories for Legion 7 16IRX9](#).

OPERATING REQUIREMENTS

Operating Environment

Temperature^[1]

- At altitudes up to 2438 m (8,000 ft)
 - Operating: 5°C to 35°C (41°F to 95°F)
 - Storage: 5°C to 43°C (41°F to 109°F)
- At altitudes above 2438 m (8,000 ft)
 - Maximum temperature when operating under the unpressurized condition: 31.3°C (88°F)

Relative Humidity

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)
- Storage: 5% to 95% at wet-bulb temperature 27°C (81°F)

Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

Notes:

[1] When you charge the battery, its temperature must be no lower than 10°C (50°F).

CERTIFICATIONS

Green Certifications^[1]

Green Certifications

- ErP Lot 3
- RoHS compliant

Notes:

[1] The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration. For ESG & regulatory compliance documents, please visit <https://compliance.lenovo.com>.

Other Certifications

Other Certifications

TÜV Rheinland® Low Blue Light (Hardware Solution)

- Feature with ** means that only one option listed under the feature can be configured on selected models. Please refer to the model configuration for specific information.
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